



BODY POLITIC

## **Body Politic Volunteer Programme Training Ground Cohort 1.0**

### **About Body Politic**

Body Politic is an innovative woman-led charity based in Oxford that uses hip hop dance and creative learning to build confidence, improve mental wellbeing and develop leadership in young people aged 5 to 25. We foster long-term change by nurturing creativity, identity, and agency in young people from communities that are often underrepresented in mainstream arts spaces.

Body Politic is passionate about bringing cultural experiences to those facing significant barriers. We tackle big themes and challenging subjects, and strive to create meaningful experiences for audiences and participants.

As well as professional touring, Body Politic provides vital life-changing work to young aspiring artists from diverse communities through an enriching programme of training, mentoring, paid opportunities and internships.

*“I never thought I was good enough. Now I’m teaching, creating and helping others find their voice.”* – Future Leader, Body Politic

## **Training Ground: Volunteer Role**

### **Overview**

Body Politic is looking for passionate and motivated young people aged 14-25yrs to join our brand new training and development volunteer programme, Training Ground.

This is a rewarding role, with the opportunity to develop as artists and facilitators, as well as make meaningful positive changes in the lives of the young people we engage.

### **Scope**

Training Ground Volunteers will lead on designing and delivering a wide range of dance sessions to young people aged 14- 25 years olds as part of Body Politic’s city-wide impact programme.

Each volunteer will co-design their experience with Body Politic to ensure they get the work experience they want. We have a range of volunteering placements at Body Politic, as well as links with other dance and theatre companies across Oxford.

Training Ground Volunteers will receive training in safeguarding, facilitating, and trauma informed practice. They will receive 1-2-1 mentoring from our team of staff and Future Leaders and receive employment pathway advice and CV support.


Volunteers will meet once a month on a Thursday evening 5-7pm in Oxford to plan their projects. Training will be delivered during the school holidays.

## Apply if you:


- Have an interest in developing your leadership and teaching skills
- Are interested in, or have experience of hip hop dance
- Enjoy working as part of a team
- Want to be a changemaker in your community!

## Key Dates

### Welcome Days & Training

 Tuesday 7th & Wednesday 8th April  
at Pegasus Theatre

### Monthly Team Meetings

 Thursdays, 5–7pm (venue TBC)

## To apply

Please complete the [Google Form](#) by 27<sup>th</sup> March 2026

**Body Politic welcomes applications from all sections of the community and actively encourages diversity within our team. We know that people from certain backgrounds can be hugely under-represented in our sector, and we want to change this and will make adaptations to our recruitment practices to enable this.**

**We are therefore keen, and particularly interested to receive applications from people from the global majority.**

**We want all candidates to have an equal chance to shine in this process – please let Nat Wong (Volunteer Co-ordinator) [education@bodypoliticdance.com](mailto:education@bodypoliticdance.com) know if there's anything we can do to make sure the application process works for you.**

**First Round Closing date: Friday 27<sup>th</sup> March**

**Interviews will take place online on Monday 30<sup>th</sup> March**

**Second Round Closing date: Friday 22<sup>nd</sup> May**

**Interviews will take place online on Friday 29<sup>th</sup> May**

For more information about Body Politic and our work, visit: [www.bodypoliticdance.com](http://www.bodypoliticdance.com)